



2. ResponderStrong

ResponderStrong: Most Responders are not familiar with the stress injury model or the long-term mental, emotional, and physical impacts of occupational stress and trauma. NDRI and ResponderStrong believe that Responders can protect themselves from the stresses of the job when they are empowered with the right knowledge, skills, and tools. The content of this course includes stress injury, the physiology of stress, suicide awareness and prevention, and resiliency. (4 hours)

Instructor

RiverValley Behavioral Health is Your Community Mental Health Center:

Since 1967, RiverValley Behavioral Health has provided vital behavioral health services that fit the ever-growing needs of our communities. Our state-designated Community Mental Health Center serves the Green River region of Daviess, Hancock, Henderson, Ohio, McLean, Union and Webster counties.

We offer a full range of mental health services and support, in addition to substance use treatment, and specialized care for those with intellectual and developmental disabilities. We prioritize your needs, offering a full continuum of evidence-based services tailored to you and delivered by a caring and dedicated team of professionals.

This class will be conducted by one or more of the professional full-time staff.