



Kentucky State Fire School

Lexington, KY
June 5-9, 2024



510 Mental Health First Aid for Fire/EMS

Mental Health First Aid (MHFA) for Fire/EMS teaches you the relevance of mental health to the Fire/EMS community. This class will provide information on the risk factors and protective factors specific to the Fire/EMS Community. The class will cover how to apply the MHFA Action Plan (ALGEE) in scenarios designed specifically for Fire/EMS professionals, along with national, regional, and community mental health resources for Fire/EMS professionals. It focuses on the unique experience and needs of Firefighters/EMS personnel and is a valuable resource that can make a difference in their lives, their coworkers' and families' lives, and the communities they serve.

This 1-day course will be offered Saturday.

Lead Instructor: Will Stepp, State Fire Rescue Training District 11

**2024 Kentucky State Fire School
Central Bank Center
410 W. Vine Street, Lexington, KY**