

Sunday – All Day

7 Hours

Mental Health First Aid For Fire and EMS

Mental Health First Aid for Fire/EMS teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This 7-hour training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. It focuses on the unique experiences and needs of firefighters and EMS personnel and is a valuable resource that can make a difference in their lives, their coworkers' and families' lives, and the communities they serve.

Instructors – Dr. Lionel Phelps and Dr. RonSonlyn Clark

Dr. Lionel Phelps is a clinical psychologist and the Vice President of Continuous Quality Improvement for River Valley Behavioral Health. Dr. Phelps has worked in community mental health for over 16 years in inpatient, outpatient, and administrative settings. Most of his career has involved working with children and their families, as well as adults in diagnosis and assessment, treatment planning, and intervention. Dr. Phelps is a Navy veteran and has worked with military, law enforcement and public safety personnel in mental health training and intervention. He is a Crisis Intervention Team instructor for Law Enforcement in Western Kentucky and a public speaker in trauma-related topics. Dr. Phelps is on the SAMHSA steering committee for the national Disaster Helpline and federal grant reviewer specializing in rural mental health matters. Dr. Phelps is also an adjunct faculty member for Western Kentucky University, Kentucky Wesleyan College, and the University of Southern Indiana.

Dr. RonSonlyn Clark is the Sr. Director of Prevention and Substance Abuse Services for River Valley Behavioral Health. She holds a Doctorate in Addiction Studies and is a Licensed Clinical Alcohol and Drug Abuse Counselor (LCADC), an Internationally Certified Alcohol and Drug Counselor (ICADC), a National Certified Counselor (NCC), a Board Approved Clinical consultant (BACC) and a Master Addictions Counselor (MAC). She has 30 years of experience in the field of addiction treatment. Dr. Clark has spoken on a variety of addiction related topics at the local, state and national levels. She received the 2012 Robert Strauss Award for lifetime achievement in substance abuse, the 2007 award for Outstanding Services for Kentucky Women and their Families in Substance Abuse, the Beacon Award for Leadership in the field of Substance Abuse and has been named a BP&W Daviess County Woman of Achievement. Her programs at RVBH received the national "Best Practices" award 6 times.